GOODLIFECATERING

Stations and Displays Menu



"I would highly
recommend Good Life Catering and their
team to anyone in need of catering. These
guys are all around fantastic. Everything was
set up beautifully, the food itself fantastic, and
I could never say enough good things about
the staff. These guys are the sweetest and
most accommodating! They did an out right
amazing job!"

- Nicki W. June 2019



Action Station Menu

Stations add décor, interest, and action – something for guests to do. These menu items are designed to be self-serve displays for your guests to customize their plate. Our station and display menu selections offer the perfect variety for both casual and formal events.

We recommend choosing 2-3 stations for your menu, with a minimum of 50 guests per station.

All stations are priced per-person. Additional choices may be selected to enhance your menu.

All menu items subject to change due to availability and market prices.

Needing beverage service? Please ask to see out beverage menu!

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

743 Congaree Road Suite 7 Greenville SC 29607 864.605.0130 goodlifecateringonline.com goodlifecateringonline@gmail.com

Stations and Displays Menu

SEASONAL FRUITS

A selection of fruits to complement the season of your event -Chocolate Mousse -

-\$5.00-

DOMESTICATED CHEESES

Domestic chesses plattered with the following accoutrement *Preserves – Red Grapes* **Assorted Crackers** -\$4.00-

CHEESES WITH VISAS

A selection of imported cheeses with the following accoutrement

Preserves – Red Grapes Assorted Crackers -\$5.00-

GRILL AND CHILL

An assortment of the following vegetables that have been grilled and chilled

Squash – Zucchini – Bell Peppers – Cremini Mushrooms – Asparagus Roasted Red Pepper Aioli

-\$5.00-

MASH AND MAC ATTACK

Choice of 2 of the following, additional item \$3.00 pp

Red Skin Mashed Potatoes

Southern Style Macaroni Pie

Southern Buttermilk Whipped Potatoes

3-Cheese Penne Macaroni and Cheese

Truffle Whipped Yukon Gold Potatoes + \$1.00/pp

Truffle Cavatappi White Macaroni and Cheese + \$1.00/pp

Whipped Sweet Potatoes ***

+ \$1.00/pp

Applewood Smoked Bacon – Scallions – Smoked Gouda Cheese – Cheddar Cheese - Pickled Jalapenos – Sour Cream – Ranch Dressing – Dice Ham – Crispy Onions

***Sweet Potato Toppings

Brown Sugar - Marshmallows - Caramel Sauce - Candied Nuts - Cinnamon Honey Butter

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FONDUELY YOURS

An assortment of the following fondues and dippable

Aged Cheddar – Buttermilk Bleu Cheese – Spinach and Artichoke Assorted Bread – Baby Carrots – Broccoli – Cauliflower – Grape Tomatoes – Roasted Cremini Mushrooms - Grilled Steak - Grilled Chicken

-\$7.00-

Dark Chocolate - Caramel

Strawberries – Pineapple – Marshmallows – Pound Cake – Rice Krispy Treats – Cream Puffs – Brownies

-\$5.00-

ALL WRAPPED UP

A build your own lettuce wrap station Choice of 2 of the following proteins, additional proteins \$2.00 pp Sesame Chicken – Hoisin Beef – Ginger Shrimp – Lemongrass Pork – Spiced Tofu

Shredded Carrots - Bean Sprouts - Veggie Slaw - Scallions - Roasted Peanuts - Hoisin Sauce - Fish Sauce - Sriracha Sauce - Soy Sauce - Sweet Chile Sauce
Lime Wedges - Cilantro

-\$9.00-

NACHO AVERERAGE NACHO BAR

An assortment of the following chips, dips, and toppings

Tortilla Chips and Plantain Chips
Chili Con Carne – Guacamole – Queso Dip – Elote Dip
Pico de Gallo – Crema – Black Olives – Queso Fresco – Black Beans – Pickled Jalapenos
-\$9.00-

TIME TO MAKE THE BISCUITS

An elegant display of the following biscuits and accoutrement

Buttermilk Biscuits – Garlic and Cheddar Biscuits – Sweet Potato Biscuits
Pulled Pork - Country Ham – GLC Bacon Pimento Cheese – Apple-Cranberry Chutney – Apple
Butter – Strawberry Preserves – Orange Marmalade – Grape Jelly – Honey Butter – Sausage
Gravy – Assorted Mustards

-\$12.00-

BREADS AND SPREADS

An assortment of the following breads with your choice of cold spreads Garlic Crostini – Grilled Pita – Torn Baguette Pick 2 of the following, additional spread \$3.50/pp

Cucumber, Yogurt, and Feta

Baba Ganoush

Black Bean Hummus

Roasted Red Pepper Hummus

Roasted Garlic Hummus

Olive Tapenade

Smoked Salmon Dip + \$1.00/pp

-\$7.00-

CHIPS AND DIPS

An assortment of the following chips with your choice of warm dips

Tortilla Chips – Pita Chips

Pick 2 of the following, additional spread \$3.00/pp

Spinach-Artichoke

GLC Bacon Pimento Cheese

Sausage Queso

Bacon Mornay

Crab-Artichoke

Cajun Crab

+ \$1.00/pp

+ \$1.00/pp

Buffalo Chicken

WE'RE ON A ROLL

An assortment of the following build your own sliders, cheeses and toppings

Angus Beef Burgers – Pulled Pork – Grilled Chicken

Swiss Cheese - Cheddar Cheese - Provolone Cheese

Lettuce - Tomato - Onion - Pickles - Applewood Bacon

GLC Bacon Pimento Cheese

Assorted Aiolis – Assorted BBQ Sauces – Assorted Mustards

Pick 1 of the following side items to complete your station:

French Fries

Sweet Potato Fries

Southern Style Potato Salad

Pesto Ranch Pasta Salad

(French Fries and Sweet Potato Fries Requires 1 Chef)

-\$12.00-

GREENS -N-THINGS

A build your own salad bar including the following:

Mixed Field Greens

Bacon Bits - Grape Tomatoes - Cheddar Cheese - Cucumbers - Herb Croutons - Broccoli Florets -Bell Peppers - Feta Cheese - Garbanzo Beans - Chopped Egg Sunflower Seeds - Banana Peppers -Diced Ham

Ranch – Balsamic Vinaigrette – Honey Mustard

-\$7.00-

MEDITERRANEAN MEZZE

An assortment of the following spreads and vegetables

Roasted Garlic Hummus – Tabouli Salad – Baba Ganoush Grill and Chill Vegetable Display – Roasted Red Pepper Aioli Feta Cheese - Marinated Olives – Giardiniera Tzatziki Sauce – Roasted Garlic Aioli

Pita Chips

-\$12.00-

***Add A Protein Choice

Chicken Souvlaki - Pork Souvlaki - Gyro Meat -\$4.00-

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CHARCUTERIE CORNER

Chefs choice of mixed display of the following pates, terrines, cured meats and accoutrement

Country Style Pate – Duck Liver Pate – Chicken Liver Mousse – Pork Rillete – Hard Salami Prosciutto – Chorizo – Saucisson – Head Cheese - Mortadella Grain Mustard – Cornichons – Crostini – Pickled Vegetables -\$12.00-

S'MORES AND MORES

A build your own display with sterno "camp fire" and wooden skewers

Marshmallows – Assorted Chocolates – Honey Graham Crackers – Chocolate Graham Crackers – Reese's Peanut Butter Cups – Oreos – Heath Bars

-\$5.00-

SOUTHERN BOUNTY

A bountiful display of the following dips, spreads, and vegetables

GLC Bacon Pimento Cheese – Black Eyed Pea Hummus – Collard Green and Artichoke Dip Fried Green Tomatoes – Pickled Crudités Herb Aioli – Red Pepper Aioli – Red Pepper Jelly Corn Bread Crisps – Sesame Crackers -\$12.00-

SUSHI SAMBA

An extravagant display of assorted sushi rolls and nigiri

Pickled Ginger – Wasabi – Soy Sauce -\$12.00-

Stations and Displays Menu

Display Station Menu Worksheet

Please choose a minimum of 2 stations to create your tasting menu. You can combine one action station with one display station (see Action Station Menu) also, to fulfill your 2-station requirement.

If you have any questions, please let us know!

Station 1:	
Station 2:	
Notes:	